

HIV Screening

Who to test:

1. People from Africa / South East Asia / Eastern Europe
2. Anyone with a sexually acquired infection
3. All men having sex with men
4. People who inject drugs
5. Anyone with a clinic conditions where HIV may be the cause
6. Anyone requesting a HIV test

Commonly Reported Clinical Signs

- Skin; psoriasis
- Recurrent fungal infections
- Herpes zoster
- Recurrent oral ulceration
- Weight loss
- Persistent diarrhoea
- Seroconversion symptoms:
 - Rash, fever, glands, sore throat, malaise, abdo pain

Laboratory clues

- **Abnormal FBC**
 - **Low** (or high) **platelets;**
 - **Low** (or high) **neutrophils**
 - **High** (or low) **lymphocytes;**
- **Hepatitis C or B**
- **High total protein (esp globulins)**

How to test:

1. Obtain verbal consent
Formal pre-test counselling is not required
2. Take sample
Brown tube – search ICE for HIV and select HIV screening test



3. Agree process for getting results to patient
Usual practice policy for obtaining other tests is acceptable
4. Consider whether a repeat process is required
Window period is 4 weeks from last risk

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